

MAR THEOPHILUS TRAINING COLLEGE

MAR IVANIOS VIDYA NAGAR
NALANCHIRA THIRUVANATHAPURAM



IQAC REPORT 2023-2024

MOTTO

“Dominus Mea Illuminatio”

VISION

Excellence through Divine illumination

The college stands for Enlightenment, Excellence and Empowerment realizing the Fatherhood of God and Brotherhood of man so as to mould a cognitively enriched, affectively balanced for 'Bharath' the Republic of India and rest of the world through an organizational structure and administrative frame work characterized by a democratic and egalitarian outlook.

MISSION

- ❖ Formation of academically excellent, professionally competent, socially committed teachers for the nation and rest of the world.
- ❖ Development of professional expertise to the student teachers through curriculum related enrichment programmes.
- ❖ Professional enhancement of teacher educators through research activities.
- ❖ Social upliftment of the educationally backward sessions of the society through the extension programmes.
- ❖ Human resource development through teacher education with due weightage for the weaker sessions of the society and minorities.
- ❖ Training the new generation teachers to perceive and transfer the cultural, social and spiritual values of the society.
- ❖ Empowerment of student teachers especially women through the development of integrated personality, leadership qualities and professionalism.
- ❖ Inculcation of scientific temper through the technologically updated knowledge acquisition.
- ❖ Imparting awareness about preservation and conservation of environment.
- ❖ Promoting a proper attitude towards sustainable development.

INSTITUTIONAL OBJECTIVES The institution ensures holistic development - academic, social, personal, environmental, ethical, Aesthetic potentials of all its members through various activities.

INTERNAL QUALITY ASSURANCE CELL (IQAC) COMMITTEE

COMMITTEE CONSTITUTED BY THE ACADEMIC COUNCIL OF THE COLLEGE FOR THE ACADEMIC YEAR 2023-2024

JUNE 2023- MAY 2024

Name	Designation	Role
Dr. Joju John	Principal, Mar Theophilus Training College	Chairperson
Dr. Reghu V.	Professor, M.Ed. Department Director, MTTC	Teachers to represent all levels
Dr. Bindu B.	Professor, MTTC	
Dr. Maya S.	Professor, MTTC	
Rev. Fr. Thomas Kayyalackal	Bursar, MTTC	Member from Management
Mrs. Shamin Thompson	Junior Superintendent	Senior Administrative officer
Mr. Johnson Joseph	Councillor, Nalanchira ward	Nominee from Local Society
Ms. Renjitha R.J.	Chairperson 2022- '24	Nominee from students
Mr. Arjun G.M.	Chairperson 2023- '25	
Dr. Esther Gladiz	President, Alumni Association	Nominee from Alumni
Nazarudeen K.	PTA president 2022- '24	Nominee from stakeholder
R Gopakumar	PTA president 2023- '25	
Dr. Deepthi Elizabeth Mathew	Assistant Professor, MTTC	Coordinator of IQAC

A BRIEF SUMMARY OF RUSA 2023-2024

The Rusa 2.0 project started in 2019. Central agency allotted 2 crore rupees for our project. 1crore for new construction,74 lakh for renovation and 26 for purchase. We constructed 4 classrooms with this amount and the construction work is completed.In the renovation part renovation of seminar hall is completed, multipurpose hall work is going on and we have to start skilllab after completion of the multi purpose hall.After the completion of these two works , construction and renovation we have to purchase things which are useful for these buildings.

CRITERIA 1: CURRICULAR ASPECTS

Institution has a regular in-house practice of planning and revising curriculum in an adequate manner. The institution has a curriculum committee which organized 3 meetings with the office bearers in the 2023-24 academic year by upholding the PLOs and CLOs. The decisions taken in the meeting were implemented in a meticulous manner. Student induction programme was conducted in the year 2023-24 with the support of external experts, alumni member and by the members of the staff. The teachers attended orientation programmes in both online and offline mode. The institution also has the mechanism to obtain structured feedback on the curriculum – semester wise from various stakeholders.

CRITERIA 2: TEACHING LEARNING AND EVALUATION

It is ensured that the students explore an exciting academic journey. The diverse needs of the students are identified, and the teaching-learning is fashioned accordingly to suit the needs of the individual learner. Teaching-learning process carried out in the institution is not mere information sharing by teachers and reproduction of shared information by students in the exams. The teachers make students connect with what is taught at the cognitive and affective levels. The teachers develop teaching plans for the courses they teach. The teaching plan is designed with a focus on the unit-wise learning outcomes. Every teaching plan

includes e-resources to be used, assignments to be given, collaborative tasks to be assigned, constructivist methods to be employed, enrichment content to be shared, discussions to be conducted, and special lectures to be arranged. Experiential and participatory strategies are used to make the learners active and engaged. Techno centric classrooms are the key element in the institution. The students are given rigorous training in teaching skills and lesson plan preparation. Students are taken to induction programmes at various schools prior to teaching practice. This familiarizes them with the different kinds of school setups. Besides this Micro teaching sessions and video recording of the classes are done at class level. Furthermore, criticism classes are arranged at college level with the support of the model school attached to the college.

CRITERIA 3: RESEARCH AND OUTREACH ACTIVITIES

Our college students are involved in research activities and outreach activities. We have a research centre with 51 research scholars. We have been publishing our research journal since 2004. We have 18 research guides in our approved research centre of University of Kerala. We are offering service as resource persons in HRDCs. We are offering training to parents as extension activities. We visited and offered service to Tribal school and train the parents in the school. We conducted invited talks for public and some of the topics are "Raise Your Vibrations," "Secularism and Democracy in India," and "Future Skills,". We conduct twinning program every year with a special school. Overall, these efforts contribute positively to both community welfare and educational enrichment. Our faculty members have demonstrated remarkable scholarly achievements including seven publications in UGC CARE journals, five chapters to esteemed academic books, and receiving three prestigious awards in recognition of their outstanding contributions to public welfare and academic community.

CRITERIA 4: INFRASTRUCTURE AND LEARNING RESOURCES

A robust infrastructure forms the foundation for effective and enriched learning environment. Modern classrooms, equipped with advanced technology, catalyse dynamic teaching methodologies. Lecture halls, enhanced with state-of-the-art

audio-visual aids, amplify communication skills. Specialized laboratories immerse students in hands-on experiences, fostering a practical grasp of educational concepts. The extensive library with diverse pedagogical resources, becomes a scholarly haven, supporting comprehensive research and lesson planning. Beyond physical spaces, a virtual learning ecosystem seamlessly integrates online resources, fostering collaborative learning. This meticulously designed infrastructure empowers aspiring educators, cultivating an atmosphere where knowledge seamlessly transcends, and innovative teaching practices thrive.

CRITERIA 5: STUDENT SUPPORT AND PROGRESSION

Student Support and Progression Criteria -V encompassing aspects like student counselling, support services, progression measures, and initiatives for student development and welfare. It evaluates how institutions cater to student needs and ensure their holistic development and progress. Mar Theophilus Training College provides different programs for the capacity building and skill enhancement for young aspirants. From the feedback, it is clear that the college provides necessary student support facilities like vehicles for parking common rooms for boys and girls, recreational facilities safe drinking water, hostel, canteen, etc. College also organizing alumni meets, fostering connections between current students and alumni, utilizing alumni feedback for program improvement, and leveraging alumni networks to support student development, placements, mentorship, and various other aspects that contribute to the progression of students in the institution.

CRITERIA 6: GOVERNANCE, LEADERSHIP AND MANAGEMENT

The strategic plan of the institution is aligned with its mission and vision statements, which are framed in accordance with national policies, government bodies, and constitutional obligations. This is done through the Staff Council, various committees, and other channels of communication, such as the college calendar, website, publications, weekly assembly, Guardian-Teacher meetings, college union meetings, subject associations, clubs, and various functions organized by the institution. The institution follows a five-tier decentralization process in education, with the management at the top level

followed by the principal, faculty level, administrative level, and student level. The college has a well-structured and efficient administrative system in place. The administrative functions of the institution are carried out by the Head of the Institution through a series of committees and clubs. The institution has a structured performance appraisal system for teaching staff that aligns with UGC/NCTE guidelines. For non-teaching staff performance is evaluated less formally and promotion is based on seniority. The Internal Quality Assurance Cell (IQAC) has played a pivotal role in organizing various programs for student teachers to foster their skills and competencies. Mar Theophilus Training College actively reviews its teaching-learning process through its Internal Quality Assurance Cell (IQAC).

CRITERIA 7: INSTITUTIONAL VALUES AND BEST PRACTICES

Mar Theophilus Training College, a beacon of sustainable practices, implements a robust energy policy prioritizing responsible electricity usage and non-conventional sources. Led by Dr. K.Y. Benedict, the Energy Management Committee ensures adherence to the 7R principles and oversees green initiatives. The college embraces a 'Go Green' strategy, fostering eco-friendly waste management, clean campuses, and initiatives like the Medicinal and Vegetable Gardens. In academics, the Insight In-depth Talks Series and TheoPedagogues Open Mic empower researchers and student-teachers, enriching knowledge and promoting collaborative learning. Despite pandemic challenges, MTTC remains committed to societal impact and academic excellence through innovative practices and global engagements.

ACTIVITIES DURING THE ACADEMIC YEAR 2023-2024 WERE CLASSIFIED UNDER VARIOUS HEADS

IQAC committee planned all activities of the institution to sustain and enhance quality in all aspects and implemented them through decentralised participatory management system through clubs, associations and committees.

1. ENVIRONMENTAL VALUES

Sl.No.	Name of the programme	Date and time	Organised by IQAC and	Value inculcated	Details
1.	Birthday Tree	01.06.2023	Social Science Association VAEGA	Nature skills	planting a tree in campus on their birthdays.
2.	Environmental Day celebration	05.06.2023	College	Love towards nature	clean up the surroundings of the college started with the morning message of our Principal in Charge, Dr Joju John
3.			Mathematics Association Dyuthi 2021-2023		Sapling Distribution Programme with the motto of 'Go Green Breath Clean'
4.			NSS unit of MTTC		Recreation of the college wall
5.			Eco club		Beat the plastic pollution: a pledge and created a video on the programme
6.			Malayalam Association SAPTA		caption Writing Competition in relation to the World Environmental Day celebration
7.	World Water Day celebration	08.06.2023	Natural Science Association 2022-24 "IZDIHAR	Encourage action to save and solve the water crisis	Inter Optional Poster making Competition on Behalf of World Water Day. Ms. Preethi Abraham of Mathematics optional won first place, Mr Jaison M. Thomas of English optional won second and Ms. Haritha. S. Of Malayalam optional won the third place.
8.	World Environment Day	14.06.2023	Mathematics	Naturalistic values	distributed seeds to the college.

	celebrations		Association HESTIA 2022-24		
9.	Summer Solstice	21.06.2023	Natural Science Association 2022- 24 IZDIHAR	Naturalistic value	An Inter Optional Photography Competition with regard to Summer Solstice. Theme of the contest was 'to capture the start of the day by viewing a beautiful sunrise'. First place was won by Ms Divya S B of Mathematics Optional. Second and Third place was won by Mr. Anandu P and Devika M V of English optional respectively.
10.	Ecofriendly bag exhibition and sale	21.08.2023	Creative club	How to make ecofriendly bags	An exhibition cum sale of hand painted ecofriendly carry bags in the college auditorium
11.	Nature walk	16.11.2023	Natural Science students		The natural science students Invictus organized a bird-watching session in the paddy fields of Kattachakonam near Kesavadasapuram as part of National Birdwatching Day. Accompanied by their teachers, they successfully identified and recorded details of over 34 bird species.
12.	9th International Conference on Life Skill Education	05.01.2024	College, ICSSR	Panel Discussion IV Report on Environment and Life Skills Education- Sustainable Practices Panel Discussion IV Report on Environment and Life Skills Education- Sustainable Practices	
13.	National conference on Education, Environment and Economy 2030	14.03.2024 and 15.03.2024	MTTC, MIC, St John's College, Mar Baselios College of Engineering and Technology, MGCL, MCA, Major Archdiocese of Tvpam, MSSS in collaboration with KSHEC,	Education, Environment and Economy	National conference on Education, Environment and Economy 2030. The valedictory function was conducted in Mar Theophilus Training College on 15 March 2024.

			Government of Kerala.		
14.	Social sweating and vegetable garden	08.01.2024	College	Importance of agriculture	Social sweating was conducted in the courtyard of the college by the students. They collected the vegetables and handed over to the office bearers
15.	Birdwatching expedition	28.05.2024	68 th College union	Learn from nature	A birdwatching voyage to Punchakkari, Tvpm with an expert Bird Enthusiast, naturalist and Consevationist Mr. Reji Chandran from 7 am to 9 am. Ms. Abhirami took initiative to the programme Vice Chairperson Prof. Dr. Joju John, Principal in charge, Dr Deepthi Elizabeth Mathew, IQAC coordinator, Prof. Dr. Maya S. Staff advisor accompanied the students.

2. OBSERVATION AND CELEBRATION OF DAYS WITH NATIONAL AND INTERNATIONAL VALUES

Sl.No.	Name of the programme	Date and time	Organised by IQAC and	Value inculcated	Details
1.	World Water Day celebration	08.06.2023	Natural Science Association 2022-24 "IZDIHAR	Encourage action to save and solve the water crisis	Inter Optional Poster making Competition on Behalf of World Water Day. Ms. Preethi Abraham of Mathematics optional won first place, Mr Jaison M. Thomas of English optional won second and Ms. Haritha. S. Of Malayalam optional won the third place.

2.	Father's celebration	Day	18.06.2023	Physical Science Association of 2022-2024 _LUMIERE	Love your parents	a Father's Day photo contest titled "Achanodoppam"
3.	Father's celebration	Day	18.06.2023	Natural Science Association 2022-24 IZDIHAR	Love your parents	an Inter Optional Letter Writing Competition A Letter to Father Ms.Anju Alex of Physical Science optional, Ms. Haritha S of Malayalam and Preethi Abraham of Mathematics won the first three places respectively
4.	Reading day celebrations		18.06.2023	Mathematics optional	Improving reading habit	a game session 'Mozhi'
5.	Reading Celebration	Day	19.06.2023	Malayalam optional	Collaboration, social skills and Reading skills	conducted an exhibition and a Reading competition
6.	Yoga Day Celebration		21.06.2023	67th College Union Agneya	importance of yoga	Dr. James T. Joseph, Retired principal of SarvodayaVidyalaya on
7.	Summer Solstice		21.06.2023	Natural Science Association 2022-24 IZDIHAR	Naturalistic value	An Inter Optional Photography Competition with regard to Summer Solstice. Theme of the contest was 'to capture the start of the day by viewing a beautiful sunrise'. First place was won by Ms Divya S B of Mathematics Optional. Second and Third place was won by Mr. Anandu P and Devika M V of English optional respectively.
8.	World Music Day		22.06.2023	first-year M.Ed Association SIA	develop and apply foundational knowledge and skills in <i>music</i>	A game of music for the B Ed and M Ed students. The winner of the game was Social Science optional and the physical science and English optional

9.	National Dengue Day observation	23.06.2023	Natural Science Association	clean the house, surroundings and public	An awareness programme related to Dry Day at the auditorium
10.	International Day against	26.06.2023	Mathematics Association	Say no to drugs	A musical drama: REVIVE
11.	International Day against Drug Abuse	26.06.2023	67th College Union Agneya	Say no to drugs	An anti-drug day awareness session. Mr Vinod Vikramadityan, sub-
12.	International Day against Drug Abuse	26.06.2023	teacher trainees of Mar theophilus	Say no to drugs	awareness programme by Dr Joju John Principal in Charge of MTTC at St Johns School. rally on Anti-drugs
13.	International Day against Drug Abuse and Trafficking	27.06.2023	Physical Science optional LUMIERE	Say no to drugs	A speaking competition on the topic 'Raise your voice'
14.	National Statistic Day	29.06.2023	Mathematics Association Hestia 2022-24	Basics of Statistics	Released a video related to the National Statistics Day
15.	International Day against Drug Abuse and	27.06.2023	Physical Science	Say no to drugs	A speaking competition on the topic 'Raise your voice'
16.	World Population Day	11.07.2023	Population Education Club	Population growth, family planning, reproductive	A talk session on ' Future of Population in a Sustainable World '
17.	World Population Day	11.07.2023	Eco Club 2022-24, ARANYA	The impact of population on the environment and development.	an awareness program by creating a video on the Impact of the Population Explosion on the Environment
18.	Maths 2.0 Day	12.07.2023	Mathematics Association	Mathematical skills	TECHMA- discover the MATH an exhibition

19.	Kargil Vijay Diwas		26.07.2023	EBSB (Ek Bharat Shresht Bharat) club 2022-24	Kargil war	A special event on Kargil Vijay Diwas to commemorate the victory of the Indian Armed Forces in the Kargil War. A documentary was screened and a quiz competition was conducted on the basis of the documentary related with the Kargil War
20.	Independence celebrations	Day	10.08.2023	Mathematics optional	Feeling of freedom	An Intracollegiate Photography competition in connection with Independence Day on the theme Capture the colour of Independence.
21.	Independence celebrations	Day	14.08.2023	Agneya college union 2022-24	Patriotism	A face painting competition and documentary show at college portico
22.	Independence celebrations	Day	15.08.2023	67 th college union	Patriotism	Prof. Dr. Joju John, Principal in charge and Mr. Nathanine J.P. Malayalam faculty hoisted the flag and gave Independence Day message. The team sang the patriotic song "Sare Jahanam Acha" in front of the flag. The college family recorded the National Anthem "Jana Gana Mana" in the e content studio and uploaded in the youtube channel.
23.	Independence celebrations	Day	21.08.2023	Agneya college union 2022-24	Nationalism	A face painting competition on Nationalism

24.	Onam celebrations Day 1: ARAVAM 2023	23.08.2023	College union Agneya	Cultural values	Purushakesari Competition, optional wise programmes, outdoor games on 23 rd August as part of Onam celebrations.
25.	Onam celebrations Day 2: ARAVAM 2023	24.08.2023	College union Agneya	Cultural values	Student teachers prepared onapookkalam, everyone dressed in traditional attire, college campus was decorated with flowers and palm leaves, group song competition, tug of war competitions was held by all optional students and the celebrations ended with a grand feast and mega Thiruvathira.
26.	Teacher's Celebration Day	05.09.2023	M.Ed. department	Honouring Teachers	Swami Gurunanth Janathapasi was the guest of honour. He delivered a beautiful talk on the role of teachers. Dance performance by Parvathy Devi U. and M.Ed. students, Hindi poem on teachers were the highlights of the programme. Teachers were adorned with ponnada during this auspicious occasion.
27.	International Literacy Day	08.09.2023	M.Ed. department	Lifelong learning possibilities	A seminar on Emerging roles of Higher education in adult lifelong learning as part of International Literacy Day in the college auditorium from 9.45am to 12.15 pm.
28.	Gandhi Jayanti Activities	02.10.2023	Natural science optional	Information gathering about Mahatma Gandhi	An Inter Training College Quiz Competition: Quiz Bee Buzz

29.	Gandhi Jayanti Activities	02.10.2023	Physical science optional	Information gathering about Mahatma Gandhi	Video based on Mahatma Gandhi in connection with Gandhi Jayanti
30.	Gandhi Jayanti Activities	03.10.2023	M.Ed. department	Information gathering about Mahatma Gandhi	An exhibition, Documentary, Public meeting and entertainment programme based on Gandhi Jayanti under the title : Gandhi Smrithi in collaboration with St Marys ITI , Pattom
31.	World mental health day	10.10.2023	College	Magic of music	Dr. Maya initiated a music time for the whole teacher trainees in the college with the participation of musicians and singers in the college.
32.	World Statistics day	20.10.2023	Mathematics optional	Learn statistical concepts	Announced self-study course on Statistics through there official You tube channel: THEOMATHEMATICIANS.
33.	Kerala Piravi Celebrations: A Week Celebrations	01.11.2023	Malayalam optional	Information gathering GK	Keraliyam 2023: thinaipetta Makkal. The highlight of the week day programme were the Ezhuthachan Quiz: Intercollegiate Quiz for Ever rolling Trophy. Mr. Bibin R. was the quiz master and Lokasamadana sadasu: taking the oath with glowing candles
34.	Kerala Piravi Celebrations: A Week Celebrations	01.11.2023	Mathematics optional	GK	Keraliyam Quiz: One question per day from Nov. 1 to Nov. 7

35.	National Cancer Awareness Day	08.11.2023	Natural Science optional	Knowing more about food	Students distributed Food Packets in the Regional Cancer Centre, Tvpm under the name Food for Life, Food for Change.
36.	Children's day celebration	14.11.2023	Physical Science optional	Happiness sharing	Children's Day by visiting the Jayamatha Boys Home, where they shared kindness, love, and joy with the residents
37.	Fibonacci Day	23. 11.2023	Mathematics Association UNIPHI	To capture and showcase natural patterns reflecting the Fibonacci sequence, highlighting the intersection of mathematics and the natural world.	Intercollegiate photography contest focusing on the theme "Fibonacci in Nature." This event invited participants from various colleges
38.	Republic day celebrations	26.01.2024	67 th college union	Feeling of republic day	Prof. Dr. Joju John, Principal in charge hoisted the flag and gave republic day message.
39.	World Health Day.	31.03.2024	Natural Science Association Invictus	Health care	An Inter Training College Quiz Competition and E-poster making competition on the theme Health as part of World Health Day.
40.	World mother's day	12.05.2024	Mathematics association 2023-25, UNIPHI	Love your mother	An inter collegiate selfie contest with mother and write a thank you note for mother on the topic mother the first teacher

3. UNION, CLUB AND ASSOCIATION ACTIVITIES

Sl.No.	Name of the programme	Date and time	Organised by IQAC and	Value inculcated	Details
1.	Inter College Essay Writing Competition	10.06.2023	ICT Club	Artificial Intelligence	Chat GPT and Education Forward'
2.	Say no to drugs	12.06.2023	Population Education Club		an awareness class on Drug Abuse resource person: Retd. Prof. George Kochupurakkal, Govt. Womens College, Thiruvananthapuram
3.	A week-long literary fest entitled IZEL 2K23	04.07.2023 to 11.07.2023	English Association 'EMRYS'	Critical and creative thinking	BINGE- a short film watching and discussing, MERRY GO ROUND - A game session and food corner, Dress N Roll, and finally the enactment the murder scene of the play JULIUS CAESAR.
4.	Online Quiz Competition	10.07.2023	Psychology club "Bodhana 2022-24"	Critical thinking and innovative learning	An online quiz competition from 8 pm to 8.15 pm via Google form
5.	Theo queen initial competitions	19.07.2023	Mathematics association HESTIA	Beauty and talent	The preliminary round of Theo Queen was conducted in the college
6.	Theo queen final competitions	21.07.2023	Mathematics association HESTIA	Beauty and talent	10 students from different optional subjects participated in the program. Parvathy Devi U (M.Ed) was selected as the Theo Queen. Arya S(English) and Sandra Rajeevan (Social Science) were the First Runner up and

					Second Runner up respectively.
7.	Film Show	15.09.2023	College	Understanding the learning disabilities	Semester 1 students were shown the blockbuster film TAARE ZAMEEN PAR in the college auditorium at 1.30pm.
8.	Awareness programme on Energy Conservation and Energy Efficiency	26.09.2023	Natural Science optional	Energy Conservation and Energy Efficiency	One day awareness programme on Energy Conservation and Energy Efficiency in collaboration with Energy Management Cell (EMC) Govt of Kerala All India Women's Conference, New Delhi Trivandrum Branch
9.	Quiz time	12.10.2023	College	Identifying the quiz team	Dr. Joju John, Principal in charge of Mar Theophilus Training College organised an intra collegiate quiz for the student teachers. The purpose of the programme was to identify the candidates for future quiz programmes conducted by other institutions.
10.	Poster making	15.10.2023	Mathematics optional students	What is the speciality of the day	Posting a poster based on the importance of the day
11.	Drug abuse poster making	28.10.2023	Mukthi club	Prevention of drug abuse.	An intra collegiate online poster making competition
12.	The Great Indian Carnival Daily quiz	01.11.2023	Science optional	Cricket World Cup 2023	A daily quiz programme as part of Cricket World Cup 2023 from Nov. 1 st to Nov. 19 th .

13.	Outreach activity	School	14.11.2023	College /union	Technology Education	A poster-making competition at St. John's Model Higher Secondary School, Nalanchira. The competition, focused on "Technology Education in Children,"
14.	Mega Cricket Quiz		20. 11.2023	Social Science: Navarasa	Knowledge of cricket history, celebrating the sport's legacy	A Mega Cricket Quiz focusing on the theme "Cricket World Cup from 1975 to 2023
15.	Association activity		27.11.2023	English association	New beginning	English association inaugurated in the college auditorium The members unveiled the logo of the association. They introduced Unisexual uniform.
16.	Gender sensitization		06.12.2023	Mathematics optional student	Awareness about gender issues, fostering a more inclusive and respectful environment	Theme presentation on gender sensitization
17.	Club inauguration 2023		07. 12.2023	College	Objectives of each club	The inauguration of club activities was officiated by Rev. Fr. Thomas Kaiyalackal in the college auditorium, representatives elaborated on the objectives and introduced team members through a PowerPoint presentation. Additionally, the guest distributed report books to the representatives
18.	Sharing the Christmas Joy		07. 12.2023	Physical Science department	Share the happiness	As part of their Christmas celebrations, student teachers visited the inmates of Santa Maria Convent.

19.	International Colloquium	08.12.2023	Eco club	Innovative approaches to energy conservation	An international colloquium on "Energy Conservation: Novel Perspectives." The event featured Guido Henri De Couvreur, a practical scientist and member of the Association for World Education, as the resource person.
20.	Frequency Fridays	08.12.2023	English optional	Importance of music	a musical programme named Frequency Fridays. Everyone can dedicate a song by putting the message in the box kept near the Honesty shop.
21.	Christmas celebrations	09. 12.2023	mathematics optional	Creativity	An intracollegiate digital card making competition as part of Christmas celebrations. The last date of the submission was 14 th December.
22.	Christmas celebrations	09. 12.2023	AICUF	Creativity	An intercollegiate digital card making competition as part of Christmas celebrations. The last date of the submission was 14 th December. It was an offline competition
23.	Union Inauguration	19.12.2023	68 th college union	New beginning	The chief guests of the inauguration was Dr. Divya S. Iyer IAS and Ann Benson , Singer and Artists. Blessing speech was done by Rev. Fr. Joseph Valliyattu. The inaugural function was followed by a cultural bonanza by the student teachers

24.	Participation in International Energy Festival of Kerala	08.02.2024	College	Energy Transition and Climate Change	Teachers and faculty members attended the International Energy Festival of Kerala, focused on Energy Transition and Climate Change at Tagore Theatre, Thiruvananthapuram.
25.	University Youth Festival	07.03.2024 to 11.03.2024	College	Showcasing the Talent	The student teachers of MTTC participated in various items in the University Youth Festival held different stages in Thiruvananthapuram.

4. NATIONAL AND INTERNATIONAL SEMINARS, WORKSHOP AND EXTENSION ACTIVITY

Sl.No.	Name of the programme	Date and time	Organised by IQAC and	Value inculcated	Details
1.	National seminar on Development and Standardization of Research Tools	05.08.2023	Research wing	Learn to develop and to standardise tools for research in behavioural Sciences	The resource person was Dr. Sameer Babu M., Associate Professor, Dept. of Edu. Studies, J.M.I., New Delhi. The objective of the workshop was to
2.	Seminar on Emerging Possibilities in teaching career and Higher Education after NEP 2020	11.09.2023	M.Ed. department	NEP and teacher education	A seminar on Emerging Possibilities in teaching career and Higher Education after NEP 2020, exploring the possibilities of Higher
3.	Workshop on interactive teaching learning device.	09.10.2023	College	How to use interactive teaching learning device.	A workshop was conducted to introduce a feature rich Edtech device, KYAN which is the worlds first 6 in 1 interactive teaching learning device for student teachers and faculty.

4.	Intercollegiate seminar on Emerging trends in Indian education scenario based on NEP 2020	13.10.2023	M.Ed. department	New trends in education	A seminar on Emerging trends in Indian education scenario based on NEP 2020. The student teachers of M.Ed. department handled four different subthemes like School Education, Higher Education, Teacher Education and Life Long Learning for the Faculty and Students of MTTC.
5.	Webinar on Career Possibilities and educational opportunities after B.Ed.	21.10.2023	M.Ed. department	Career Possibilities and educational opportunities	A webinar on Career Possibilities and educational opportunities after B.Ed. in association with IQAC. The target audience was B.Ed. Graduates and teachers.
6.	Participation in seminars	28.10.2023	College	Integrated Teacher Education programme and implementation	Prof. Dr. Joju John, Dr. Deepthi Elizabeth Mathew and Mr. Rakesh Sharma attended an Orientation on Integrated Teacher Education programme and implementation held at Govt College of Teacher Education, Thycaud. The resource person was Prof. Dr. S. Mani
7.	Participation in international seminar	16.11.2023	Research scholars, M.Ed., and B.Ed. students		Everyone actively participated in and presented papers at the International Conclave hosted by Sree Narayana GuruKripa

					Teacher Education College, Pothencodu. Teachers chaired the paper presentation sessions. Prof. Dr. Joju John served as panelists and Dr. Reghu V, led a thematic session enriching the academic discourse.
8.	Participation in international seminar	16.11.2023	Research scholars, M.Ed., and B.Ed. students		Everyone actively participated in and presented papers at the International Conclave hosted by Sree Narayana GuruKripa Teacher Education College, Pothencodu. Teachers chaired the paper presentation sessions. Prof. Dr. Joju John served as panelists and Dr. Reghu V, led a thematic session enriching the academic discourse.
9.	Webinar on Higher Education in Education	23. 11.2023	M.Ed. department	Explore and discuss the emerging career prospects in the field of education within the online learning landscape, providing valuable insights to participants.	Webinar titled "Higher Education in Education: Career Opportunities and Possibilities in Online Mode."

10.	National Webinar	27.11.2023	College	Life skill	National webinar on Inculcating Life Skills- Pivotal role of Teachers by Dr. M.N. Mohamedunni Alias Musthafa, Professor and Head Dept. of Education, Director of ESNCLSE, Central University of Kerala, President IALSE.
11.	Participated in Seminar	12.03.2024 To 16.03.2024	College	'Research Methodology and Statistics'	Akhila U.R. has been awarded a Certificate of Completion by the Department of Education, University of Kerala, for successfully completing a Five Days National Workshop on 'Research Methodology and Statistics'

12.	Pre-Conference Workshop-I	02-01-2024 03-01-2024	College, ICSSR	Qualitative Research Methodology in Life Skills	Inauguration was done by Dr. A. Radhakrishnan Nair: Chairperson, Founder President, IALSE, Former Registrar, Central University of Kerala & Visiting Professor, Assam Don Bosco University. Research in Life Skills - A Conceptual Framework by: Prof. M. N. Muhammadunni Alias Musthafa, President, IALSE, Data Gathering Technique in Qualitative Research by Prof. Asha J.V., Professor & Head of the Department, School of Pedagogical Sciences, MG University, Focus Group Discussion as a Tool for Qualitative Research and Interview as a Technique for Qualitative Research Prof. V. Reghu Former Controller of Examinations, RGNIYD, Chennai, Exploring Different Qualitative Approaches to Life Skills Research by Dr. R. Subasree M.A. , Professor and Head, Dept of Psychology, Madras School of Social Work
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13.	Pre-Conference Workshop-II	02-01-2024	College, ICSSR	Emotional Intelligence and Life Skills	Mr. Prasad Jayasingh, Mr. Roshan Dela Bandare, Ms. W. Rasika Manohari, Mr. Isuru Ranaweera, Mr. Velusamy Manogran, Ms. Niroshikia Karawdeniya and Ms. Cynthiya Niluxshini Robinson from Sri Lanka.
14.	Pre-Conference Workshop-III	03-01-2024	College, ICSSR	Life Skills Training through Storytelling (Panchatantra Stories)	The Resource Person was Dr. Uma Joshi, Former Director of Amity University, Jaipur.
15.	Pre-Conference Workshop-IV	03-01-2024	College, ICSSR	Life Skills Development through Community Service Learning to Teachers	The resource person was Sr. Dr. Nirmala Arul Ibvm, Loretto Province, Kolkata.
16.	9th International Conference on Life Skill Education	04-01-2024	College, ICSSR	Inauguration Ceremony	Welcome Address: Prof. Dr. Joju John Inauguration: Shri. V. Muraleedharan Benedictory Address: His Beatitude Moran Mor Baselios Cardinal Cleemis Catholicos Presidential Address: Dr. A Radhakrishnan Nair Address: Dr. Jiji Thomson, IAS (Retd.), Keynote Address: Dr. Shekhar Seshadri Vote of Thanks: Prof. Dr. M. N. Mohammedunni Alias Musthafa

17.		04-01-2024	College, ICSSR	<p>Symposium 1: The Prospect and Retrospect of Life Skills Education in SAARC School Systems</p> <p>Panel Discussion I PRIORITIZING LIFE SKILLS EDUCATION IN SCHOOLS IN THE CONTEXT OF NEP 2020</p> <p>Panel Discussion 2 "Challenges and Opportunities of Life Skills Education in the Digital Era and AI"</p> <p>Round Table - Life Skills and Gender</p> <p>Teen Talk Life Skills for Personal and Academic Excellence</p> <p>Panel Discussion Theme: "Life Skills for Mental Health and Well-Being"</p> <p>Thematic Paper Presentation</p> <p>Cultural Extravaganza</p>
18.		05.01.2024	College, ICSSR	<p>Symposium II Systematic Transformation through Life Skills Education for Achieving Sustainable Development Goals- Global and Local Perspectives and Cross-Cultural Experiences</p> <p>Invited Lecture Drivers of Adolescent Sexual Reproduction Health Risk: Imperative of Life Skills Education as Mitigations</p> <p>NGO Conclave Life Skills Education for Social Empowerment and Inclusion</p> <p>Panel Discussion III Fostering Self Reliance and Employability through Life skills</p> <p>Panel Discussion IV Report on Environment and Life Skills Education- Sustainable Practices</p> <p>Panel Discussion IV Report on Environment and Life Skills Education- Sustainable Practices</p> <p>Think Tank Empowering the Disabled, the Life Skills Way</p> <p>Thematic Paper Presentation</p>

19.	International Colloquium	24.01.2024	College	Unconventional Computing	International Colloquium on Unconventional Computing by Dr. Tomasz Mazur, Prof. Konrad Szacilowski and Dr. Vijaykumar Chakkooth in College auditorium
20.	Participated in Seminar	12.03.2024 To 16.03.2024	College	'Research Methodology and Statistics'	Akhila U.R. has been awarded a Certificate of Completion by the Department of Education, University of Kerala, for successfully completing a Five Days National Workshop on 'Research Methodology and Statistics'
21.	National conference on Education, Environment and Economy 2030	14.03.2024 and 15.03.2024	MTTC, MIC, St John's College, Mar Baselios College of Engineering and Technology, MGCL, MCA, Major Archdiocese of Tvp, MSSS in collaboration with KSHEC, Government of Kerala.	Education, Environment and Economy	National conference on Education, Environment and Economy 2030. The valedictory function was conducted in Mar Theophilus Training College on 15 March 2024.
22.	Pre-submission seminar	22.04.2024	Research wing	Research aptitude	Swami Gurunand Jnanathapaswi, Research Scholar in Education, Mar Theophilus training college , research centre was conducted in the Department of education,

					Thycaud. Swami was doing the research under the guideship of Prof. K Y. Benedict .
23.	National Webinar on Soft Skills for Teachers	09.05.2024	College	Soft skills	A National Webinar on Soft Skills for Teachers in online mode at 7.30 pm . The resource person for the webinar was Dr. Vidyaa Hari Iyer, award winning Life Skill trainer and Physician.
24.	National Webinar on The AI Magic	10.05.2024	College	AI	A National Webinar on The AI Magic in online mode at 7.30 pm . The resource person for the webinar was Dr. Vimal Jerald, International AI trainer and MCA Faculty member, St Joseph Autonomous college.
25.	Seven-day short-term online course on Artificial Intelligence	23.05.2024 to 30.05.2024	Alagappa University's Department of Lifelong Learning in Karaikudi and Mar Theophilus Training College in Thiruvananthapuram	Artificial Intelligence	Dr. Vimal Jerald, an international AI trainer and MCA faculty member from St. Joseph Autonomous, led the hands-on training. Participants were provided with the opportunity to join a WhatsApp group for additional details by scanning a QR code. Additionally, the organizers promised to provide a hard copy of the certificate to the participants upon completion of the course.

5. WOMEN EMPOWERMENT

Sl.No.	Name of the programme	Date and time	Organised by IQAC and	Value inculcated	Details
1.	Awareness on Posco and Posh Act	15.12.2023	Women cell members	Awareness on Posco and Posh Act	An online talk on Awareness on Posco and Posh Act the resource person was Rev. Fr. Cebin Mathew S.J. , Advocate Patna High Court.

6. HUMAINE VALUES

Sl.No.	Name of the programme	Date and time	Organised by IQAC and	Value inculcated	Details
1.	Food for love	13.12.2023	AICUF	Food for the needy from the college	All the members in the college participated in this good venture by bringing one package or to contribute amount for the smooth running of the
2.	Theobhojan	31-03-2023	AICUF	Feed the needy	A project to feed the deserved was organised by the AICUF . They collected food packet and moneyt. The food was distributed to the patients and bystanders of Trivandrum medical college.
3.	Food safety	12.06.2023	Physical Science Association LUMIERE	Health care	conducted a competition on food safety. Ms Preethi from Mathematics optional, Ms. Shiyansha from English optional and Ms. Sandra from Social Science Optional won the first three prizes respectively.

7. DISCIPLINARY VALUES

Sl.No.	Name of the programme	Date and time	Organised by IQAC and	Value inculcated	Details
1.	Wednesday assembly	07.06.2023	Physical science	Discipline and social behaviour	First assembly of the academic year
2.	Wednesday assembly	22.06.2023	Social Science Association VAEGA	Spirit of Unity in Diversity and showcased the richness of our nation	A special assembly to manifest the synchronization of different languages -Malayalam, English, Hindi, Tamil, Sanskrit, Urdu etc
3.	Wednesday assembly	12.07.2023	English optional	Building unity, discipline and information sharing	Student teachers organised the Wednesday assembly in the college portico
4.	Weekly Assembly	09.08.2023	Mathematics optional	Discipline and information	The student teachers of 2022-24 batch organised the Wednesday assembly in the college portico
5.	Weekly Assembly	20.09.2023	English optional	Discipline and information gathering	It was the first assembly of the 2023- '25 batch.
6.	Wednesday Assembly	01.11.2023	Malayalam optional	Discipline and information gathering	Wednesday Special assembly on Nov 1 st as part of Kerala Piravi celebrations. It was followed by group thiruvathira, dance by teachers. The association was inaugurated .
7.	Wednesday assembly	15.11.2023	Natural Science students	Discipline and information gathering	The natural science students conducted assembly on Wednesday, 15 th Nov in the college portico. The association was officially inaugurated
8.	Wednesday assembly	22. 11.2023	Physical science students	Discipline and current affairs	The association was officially inaugurated

9.	Wednesday Assembly	09. 12.2023	Social science students	Discipline and information gathering	Conducted assembly in the college portico
10.	Wednesday Assembly	13.12.2023	English students	Discipline and information gathering	Conducted assembly in the college portico
11.	Wednesday Assembly	20.12.2023	Malayalam optional	Discipline and information gathering	Students organised the Wednesday assembly in the college portico

8. COMMUNICATION SKILL

Sl.No.	Name of the programme	Date and time	Organised by IQAC and	Value inculcated	Details
1.	Reading day celebrations	18.06.2023	Mathematics optional	Improving reading habit	a game session 'Mozhi'
2.	Reading Celebration Day	19.06.2023	Malayalam optional	Collaboration, social skills and Reading skills	conducted an exhibition and a Reading competition
3.	Literary quiz	27.07.2023	Reading and Oratory Club 2022-24	Literature	A literary quiz from 7.00 p.m. to 7.15 p.m. via Google Meet.
4.	Vayana Thane Amrutham	11.10.2023	College	Naturing reading habit	As part of Naturing reading habit in students Malayalamanorama newspaper and Bhima Jewellers organised a programme in Mar Theophilus Training College titled Vayana Thane Amrutham
5.	Vocabulary Vista	28. 11.2023	English optional students INARA	Learn a new word	RETROSPECT

6.	Vocabulary Vista	29-11-2023	English optional students INARA	Learn a new word	ENGRAFT
7.	Vocabulary Vista	05. 12.2023	English optional students INARA	Learn a new word	LAMENTABLE
8.	Vocabulary Vista	07. 12.2023	English optional students INARA	Learn a new word	DYARCHY
9.	Vocabulary Vista	08.12.2023	English optional students INARA	Learn a new word	DEVOLUTION
10.	Vocabulary Vista	15.12.2023	English optional students INARA	Learn a new word	RECESS, ARBITRATION, RATIFICATION, REFERENDUM, ENFORCEABLE
11.	Vocabulary Vista	17.01.2024 to 25.01.2024	English optional students INARA	Learn a new word	SUFFRAGE, FORTITUDE, REPUGNANT, COURTEOUS, COMMONWEALTH, ALLEGIANCE, UPSURGE
12.	Interaction with Kerala CM	18.02.2024	College	Knowing about the projects of govt.	Ms. Sandra Rajendran of 2022-24 batch got selection for participating in NAVAKERALA KAZHCHAPPADUKAL an interactive session with Kerala Chief Minister Sri Pinarai Vijayan at Kozhicodu.
13.	Vocabulary Vista	05.02.2024	English optional students INARA	Learn a new word	ADORATION

14.	Vocabulary Vista	07.02.2024	English optional students INARA	Learn a new word	BOUQUET
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9. SCIENTIFIC TEMPER

Sl.No.	Name of the programme	Date and time	Organised by IQAC and	Value inculcated	Details
1.	A letter to Scientist.	15.06.2023	Physical science Association LUMIERE	Scientific temper	a letter writing competition for school students Ms Keerthana, Ms.Vishnu Priya and Ms.Ann Maria won the first three prizes.
2.	Youth Innovators Programme 5.0	01.07.2023	Popular science centre	Scientific temper	Innovation and Entrepreneurship new vistas for youth in connection with Youth Innovators Programme 5.0. the resource person for the online programme was Sri. Biju Parameswaren, YIP Program Manager, K-DISC at 8 pm.
3.	YIP 4.0 competition	10.07.2023	Popular Science club	Scientific temper	Three teams from MTTC were selected for district level competition of YIP 4.0. one team is selected for state level competition. The team member are Sreelekshmi, Aiswarya and Nithin of 2021-23 Batch.
4.	YIP 4.0 competition	20.07.2023	Popular Science club	Scientific temper	Sreelekshmi S.R. , Aiswarya and Nithin of 2021-23 Batch who participated in the YIP, K-DISC State level innovative meet won twenty five thousand rupees as

					cash prize.
5.	Outreach programme	17.08.2023	Physical Science optional	Scientific temper	Ms. Aswarya and Ms. Reshma of 2022-24 batch conducted a session for the school students in the Creative Summer Science Workshop 2023 organised by Kerala State Science and Technology Museum and Priyadarshini Planetarium.
6.	Lab visit	10.10.2023	Physical science optional	Familiarising with labs	Teacher trainees of MTTC organised Lab visit and basic lab etiquette learning for school students at Mar Ivanios College, Nalanchira. Teachers introduced Physics, Chemistry, Botany and Zoology labs to students of St. Johns School.
7.	Encounter with an educational thinker	15.10.2023	Physical science optional	Knowing the life and contribution of an educational thinker per day	A new initiative of starting a day with a session of positive affirmations, sharing of biography and ideology of educational thinkers, discussing the speciality of the day, feedback on motivational video, sharing of school related experiences in the optional hours.
8.	YIP orientation	11.01.2024	College	Scientific temper	YIP teacher coordinator gave orientation to the sem 2 students according to the direction of K-

					DISC, Planning and Economic Affairs Department, Govt of Kerala.
9.	Outreach programme	04.02.2024	Physical Science association	Scientific temper	360 Bio Life Science Park, Thonnakkal, as part of Implementing Scientific methods in Teaching and Learning Science organised by Breakthrough Science Society and Global Science Festival, Kerala. The student teachers got the opportunity to interact with Prof. K.M. Sureshan, Senior Scientist, IISER TVM and Prof. Umesh Kadhane, Senior Scientist, IIST TVM.
10.	Conscientization programme	23.02.2024	College	Scientific temperament	Ms. Sruthy Krishnan G. Natural Science student teacher 2022-24 batch who won the Young Pteridologists Award Winner, gave a conscientization to the whole student teachers on the topic Scientific temperament in the college auditorium.
11.	Extension programme	23.05.2024	Physical Science association	Scientific temper	Science Talk at Priyadarsini Planetarium and Science Museum for school students

10. SPORTS AND GAMES

Sl.No.	Name of the programme	Date and time	Organised by IQAC and	Value inculcated	Details
1.	Quiz time	29-08-2022	Health club	Awareness in sports	As part of national sports day health club organised a quiz competition
2.	Onam celebrations Day 1: ARAVAM 2023	23.08.2023	College union Agneya	Cultural values	Purushakesari Competition, optional wise programmes, outdoor games on 23 rd August as part of Onam celebrations.

11. HEALTH EDUCATION

Sl.No.	Name of the programme	Date and time	Organised by IQAC and	Value inculcated	Details
1.	Yoga Day Celebration	21.06.2023	67th College Union Agneya	importance of yoga	Dr. James T. Joseph, Retired principal of SarvodayaVidyalaya on importance of yoga and practice session
2.	World mental health day	10.10.2023	College	Magic of music	Dr. Maya initiated a music time for the whole teacher trainees in the college with the participation of musicians and singers in the college.
3.	Yoga and meditation	27.10.2023	College	Benefits of yoga	Yoga and meditation session was organised in the seminar hall for the first-year students. Prof. Dr. Joju John coordinated the conduction of the session.

4.	Fit India campaign	23. 11.2023	Natural Sciences	Promote physical well-being among students, emphasizing the importance of aerobic exercises for overall fitness and health awareness	As part of the Fitness India campaign, students specializing in coordinated an Aerobics and Fitness session held in the college auditorium.
5.	Fit India Programme	29. 11.2023	Mathematics optional Uniphi	Importance of music	Musical Therapy session as part of Fit India movement. the programme involved Meditation and Game segment.
6.	Eye- check up camp	20.12.2023	Physical science optional	Health care	An eye check up camp in collaboration with DEVAS hospital as part of health awareness
7.	World Health Day.	31.03.2024	Natural Science Association Invictus	Health care	An Inter Training College Quiz Competition and E-poster making competition on the theme Health as part of World Health Day.

12. INTELLECTUAL VALUES

Sl.No.	Name of the programme	Date and time	Organised by IQAC and	Value inculcated	Details
1.	Kargil Vijay Diwas	26.07.2023	EBSB (Ek Bharat Shresht Bharat) club 2022-24	Kargil war	A special event on Kargil Vijay Diwas to commemorate the victory of the Indian Armed Forces in the Kargil War. A documentary was screened and a quiz competition was conducted on the basis of the documentary related with the Kargil War

2.	Gandhi Jayanti Activities	02.10.2023	Natural science optional	Information gathering about Mahatma Gandhi	An Inter Training College Quiz Competition: Quizee Bee Buzz
3.	Kerala Piravi Celebrations: A Week Celebrations	01.11.2023	Malayalam optional	Information gathering GK	Keraliyam 2023: thinaipetta Makkal. The highlight of the week day programme were the Ezhuthachan Quiz: Intercollegiate Quiz for Ever rolling Trophy. Mr. Bibin R. was the quiz master and Lokasamadana sadasu: taking the oath with glowing candles
4.	Kerala Piravi Celebrations: A Week Celebrations	01.11.2023	Mathematics optional	GK	Keraliyam Quiz: One question per day from Nov. 1 to Nov. 7
5.	Online Quiz Competition	10.07.2023	Psychology club "Bodhana 2022-24"	Critical thinking and innovative learning	An online quiz competition from 8 pm to 8.15 pm via Google form
6.	Quiz time	12.10.2023	College	Identifying the quiz team	Dr. Joju John, Principal in charge of Mar Theophilus Training College organised an intra collegiate quiz for the student teachers. The purpose of the programme was to identify the candidates for future quiz programmes conducted by other institutions.
7.	The Great Indian Carnival Daily quiz	01.11.2023	Science optional	Cricket World Cup 2023	A daily quiz programme as part of Cricket World Cup 2023 from Nov. 1 st to Nov. 19 th .
8.	Mega Cricket Quiz	20. 11.2023	Social Science: Navarasa	Knowledge of cricket history, celebrating the sport's legacy	A Mega Cricket Quiz focusing on the theme "Cricket World Cup from 1975 to 2023

9.	Literary quiz	27.07.2023	Reading and Oratory Club 2022-24	Literature	A literary quiz from 7.00 p.m. to 7.15 p.m. via Google Meet.
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13. CREATIVE SKILLS

Sl.No.	Name of the programme	Date and time	Organised by IQAC and	Value inculcated	Details
1.	College magazine work	13.06.2023	College union 2021-23	Value of money	as part of fund raising for the college magazine, organized a fundraising coupon.
2.	A week-long literary fest entitled IZEL 2K23	04.07.2023 to 11.07.2023	English Association 'EMRYS'	Critical and creative thinking	BINGE- a short film watching and discussing, MERRY GO ROUND - A game session and food corner, Dress N Roll, and finally the enactment the murder scene of the play JULIUS CAESAR.
3.	An Art and Craft workshop	26.07.2023	SUPW programme by college	Art and Craft	The Vigil Art and Craft Training Centre conducted the workshop. The workshop was inaugurated by the renowned serial artist Karthika Kannan at the college auditorium. The session was handled by Mrs. Rema.
4.	Ecofriendly bag exhibition and sale	21.08.2023	Creative club	How to make ecofriendly bags	An exhibition cum sale of hand painted ecofriendly carry bags in the college auditorium

5.	Talent hunt	25.09.2023 to 27.09.2023	College	Showcasing the Talents	The talent hunt programme of batch 2023-25 student teachers were arranged in the college auditorium
6.	Freshers Day	29.09.2023	66 th college union, Agneya 2022-24	Removing the inhibitions	The juniors were asked to come in Halloween costumes. The programme was named as *Parakayapravesham*.
7.	Submission of Manuscript magazine -	04.10.2023	All the associations	Literary talent	2021-23 batch students submitted their manuscript magazine in the
8.	SUPW	27.10.2023	Theosa	Training to prepare paper bag.	The training was given by Ms. Nimmy Joseph, the old student of MTTC.

14. CULTURAL VALUES

Sl.No.	Name of the programme	Date and time	Organised by IQAC and	Value inculcated	Details
1.	Drama workshop	16.08.2023	College	Theatre practice	Mr. Renju conducted a Drama workshop for the 2023-25 batch students in the college auditorium. Dr. Ancy A.S. was the teacher coordinator of the Theatre practice.
2.	Art and Aesthetic Visit	21. 11.2023	College	Understanding of cultural heritage and artistic expressions, providing an immersive experience in traditional dance and aesthetics.	As part of their B.Ed. curriculum, first-year students visited Guru Gopinath Natanagaram and the Dance Museum. Dr. Maya and Dr. Ancy accompanied the students
3.	Literary fest	30.01.2024	66 th college union	Talent show casing	Ranjitha R.J. won third prize for the Elocution competition in association with Sri Mannath PadmanabhanJayanthi celebrations.

4.	Arts Fest Inauguration: KALANDIKA 2024	31.01.2024	66 th college union	Talent show casing	Inauguration of ARTS FEST 2024 was conducted in the college auditorium. The chief guest was SHRI. PANDALAM BALAN, famous playback singer. the inauguration was followed by various art events in different venues
5.	Arts fest	01.02.2024-03.02.2024	College union 2022-24	Talent show	The items were showcased in two stages. All items were valued by expert judges. Results were announced immediately before the commencement of the next item. The score board was displayed near the main stage.
6.	Arts fest	09.02.2024	College union 2022-24	Talent show	clay modelling and Quiz competition were held in the college. Prof. Dr. James T. Joseph was the quiz master.

15. SOFT SKILLS

Sl.No.	Name of the programme	Date and time	Organised by IQAC and	Value inculcated	Details
1.	An orientation session for students	01.06.2023	College	communication skills	Importance of communication skills for students Dr Asha A K, Assistant Professor, Lord's Universal College of Education, Mumbai.

2.	Capacity-Building Programme	13.06.2023	College	Leadership skills	Mr. Jobi Kondoor, Master trainer, facilitator, and District Coordinator of Loyola Extension services.
3.	Capacity-Building Program	21.07.2023	College	Life skill	Dr. Pramod Dinakar, Assistant Professor and Head, School of Ethics Governance Culture and Social System, Chinmaya Vishwa Vidyapeeth, Deemed to be University. The session was on the topic" Workshop on Life Skill Education".
4.	Capacity-Building Programme	07.09.2023	College	Leadership skills	Capacity-Building Programme was organised for first-semester students. The programme was led by Mr. Manoj G. , Master trainer, Govt. H.S.S. Venjaramoodu
5.	Capacity-Building Program	14.09.2023	College	Leadership skills	Capacity-building program was organized for the first-semester students as a part of the B.Ed. curriculum. The program was led by an exceptional resource person mr. Sabin Antony M. Varghese, Life skill trainer and former faculty in McMillan Publications, Navy School, Kochi. The session was on the topic" Leadership skills".

16. TEACHING SKILLS

Sl.No.	Name of the programme	Date and time	Organised by IQAC and	Value inculcated	Details
1.	Demonstration Class	12.06.2023	College	Teaching skills	The experts and experienced teachers were invited by each optional teachers. The students from St. Johns HSS Model school were arranged in the college for the demonstration classes.
2.	School Internship orientation : Phase 2	13.06.2023	College	Preparation for going to school	Guidance was given. Attendance Register was handed over to the school leaders concerned.
3.	School Internship Programme	14.06.2023	College	Preparation for going to school	Students were assigned to nine different schools for the internship.
4.	Demonstration Classes	07.08.2023	College	Introduction to lesson plan and observation of classes	The experts and experienced teachers were invited by each optional teachers to the respective optional classes. The students from St. Johns HSS Model school were arranged in the college for the demonstration classes. Student teachers got opportunity to interact with the experts after the classes.

5.	Internship phase 1	19.09.2023	College	Semester 3 students were allotted schools for their first Internship phase 1	All the 49 students were divided and sent to five schools (St Johns HSS Nalanchira, St Gorettis HSS Nalanchira, St Marys HSS Pattom, Govt. GHSS Peroorkada, Govt GHSS Manacaud).
6.	Topic Orientation Collection	20.09.2023	College	Students went to the respective schools for topic collection	They got the timetable and topics from the concern teacher. Students from the nearby institutions came back to the college and do the further works based on record writing.
7.	School Internship orientation	29.09.2023	College	Getting ready for teaching practice	On account of the first phase of the school internship, guidance for semester three was given by the principal and the Attendance Register was handed over to the school leaders concerned.
8.	Internship phase 1	19.09.2023	College	Semester 3 students were allotted schools for their first Internship phase 1	All the 49 students were divided and sent to five schools (St Johns HSS Nalanchira, St Gorettis HSS Nalanchira, St Marys HSS Pattom, Govt. GHSS Peroorkada, Govt GHSS Manacaud).
9.	Introduction to school induction programme	13.10.2023	College	Orientation for school visit	Orientation to the programme was given by Dr. Deepthi Elizabeth Mathew. Interactive session was conducted after the orientation. Distribution of letter to the

					principal and attendance register to leaders of each team of the respective school was followed by a prayer session at the college auditorium.
10.	School Induction programme 2023	16.10.2023 to 20.10.2023	College	Learn about the function of a school	The student teachers were divided in to teams and send the 5 schools: Sarvodaya Vidyalaya, Sarvodaya Central Vidyalaya, Navajeevan Bethany Vidyalaya, St. Josephs Higher Secondary School and Carmel Girls Higher Secondary School. Each team is assigned a Leader and an Assistant leader.
11.	Feedback of internship	11.12.2023	third-semester student teachers	Share their experiences and provide feedback about their time in the schools	Reflections offered valuable insights into their teaching practices and the challenges they faced.
12.	Demonstration Classes	05.02.2024-06.02.2024	College	Interaction with the experts after the classes	The experts and experienced teachers were invited by each optional teachers to the respective optional classes. The students from St. Johns HSS Model school were arranged in the college for the demonstration classes.

17. EXAMINATION SKILLS

Sl.No.	Name of the programme	Date and time	Organised by IQAC and	Value inculcated	Details
1.	Online Examinations	14.09.2023	College	Training for teachers to conduct online examination	The invigilators got training to conduct the exam through google meet and mock test

2.	Online Examinations	15.09.2023 16.09.2023	College	Semester 4 students performed their final examination in online mode.	The exams were conducted in Mar Baselios Engineering College, Nalanchira. English, Malayalam and Natural Science optional students were allotted time from 9.30am to 10.45am. Mathematics, Physical Science and Social Science optional students wrote the exam from 11am to 12.15pm. The college hosted the online examination with the direction of university for the first time. Dr. Jiji Kurian and Dr. Deepthi Elizabeth Mathew were the invigilators of the online exams.
3.	First Semester University Examination	13.03.2024 to 25.03.2024	College	Evaluation	The students were seated in two halls and one for specially challenged students. on 13 th , 15 th , 19 th , 21 st and 25 th Teachers were assigned duties.

18. SPIRITUAL VALUES

Sl.No.	Name of the programme	Date and time	Organised by IQAC and	Value inculcated	Details
1.	Prayer in the tomb of Archbishop Mar Ivanios.	08.07.2023	AICUF	Spiritual skills	In connection with the 70th death anniversary of Servant of God - Archbishop Mar Ivanios conducted a prayer session from 1.30 pm to 3.00 pm at the tomb of Archbishop Mar Ivanios.
2.	Patrons' day	27.06.2023	AICUF club	Teacher Excellency	67th commemoration of our heavenly mediator, His grace Jacob

					Mar Theophilus was celebrated. Rev. Fr. Thomas Kayyalakkal, our Bursar inaugurated the programme, talk on "Teacher Excellency" Rev Dr. Jolly Karimbil was the guest of honour for the day and he led the session. A literary competition was organised on that day and prizes were distributed to all the participants.
3.	Peace prayer	27.10.2023	AICUF	Peace education	A prayer for the world peace in the college chappel. AICUF members and students along with Dr. Maya S. teaching faculty coordinated the prayer.
4.	Christmas gift	01.12.2023	AICUF	Sharing joy and love as a Christmas gift for everyone.	Daily Christmas messages in the WhatsApp group
5.	Pro-Life Exhibition	20.12.2023	AICUF, Union 2023-25	Importance of life	A pro-life exhibition for the student teachers of the college. The exhibition was arranged in the M.Ed. Room

19. COMMUNITY SKILLS

Sl.No.	Name of the programme	Date and time	Organised by IQAC and	Value inculcated	Details
1.	One-Day Trip	27.07.2023	College	Learning from nature	Students visited Chitharal Jain Temple, Padmanabharapuram Palace, Vattakottai, and Kanyakumari. Dr. Ancy A.S. and Mr. Nandhanine J.P. were the coordinators of this one-day trip.

	Social Visit	18.09.2023	Physical Science optional	Sharing the love towards aged people	The students visited the aged inmates of Santa Maria Convent Home for the aged
2.	A face-to-face interaction with the Higher Education Minister	25.10.2023	College	Discussion with education minister	A hand full of MTTC student teachers participated in a face-to-face interaction with the Higher Education Minister Dr. R. Bindu organised by Govt. of Kerala as part of Keraleeyam programme. The programme was enriched with the presence of Harishore IAS, Premkumar (Cini artist) and artist Aparna Rajeev. Dr Joju John, Principal in Charge accompanied the student teachers for the programme. The programme was telecasted in the Asianet News on 29 th October at 4.30pm.
3.	One day tour	09.11.2023	M.Ed. department	Learning from nature	The students and faculty of the M.Ed. department embarked on a one-day excursion to Sambranikudi. Accompanying the group on this educational tour were Dr. Reghu, Mr. Rakesh Sharma, and Dr. Neena.

4.	Optional field visit	01.12.2023	College and all optionals	Enhance their understanding and provide real-world context to their academic studies	<p>English and Malayalam optionals – Meenmutty, Ponmudi UP school</p> <p>Mathematics – Planetarium, Tvpm</p> <p>Natural Science – Pooavar , Snake Park</p> <p>Physical Science- Rubber Research Institute Kottayam, CMS college, Kumarakom</p> <p>Social Science – Poovar Island</p>
5.	Cleaning drive	14.12.2023	NSS	Clean the surrounding	NSS volunteers participated in the cleaning drive at General Hospital organised by Kerala Government. Arjun G.M. , Chairman of 68 th union was elected as one of the 10 members from the state of Kerala for the NSS National Camp.
6.	Twinning programme	15.01.2024	M.Ed. department of MTTC and Bethania Rehabilitation Center for disabled, Kumarapuram.	Understanding the needy	Twinning programme was organised between MTTC and Bethania Rehabilitation Center for disabled, Kumarapuram.
7.	M.Ed. Twinning Programme	22.01.2024	M.Ed. department of MTTC and	Understanding the needy	The staff and students of Bethania came to college and students of MTTC welcomed them. The

			Bethania Rehabilitation Center for disabled, Kumarapuram.		programme was enriched with public meeting, cultural programme and prize distribution.
8.	Social Visit	25.01.2024	College	Be with the needy	As part of Semester 1 B.Ed. Curriculum student teachers visited Snehaveedu. They met the inmates and staff in charge. Presented cultural activities there. Dr. Maya S. and Dr. Ancy A.S. accompanied the student teachers.
9.	NSS and Community Living Camp 2024: preliminary work	07.02.2024	NSS and College	Service mindedness	NSS and Community Living Camp 2024 was decided to conduct combinedly since we are lack of time and overload of academic works without losing spirit of both events. The community living camp teacher in charge is Mrs. Shiney Jacob and NSS coordinator of the college is Prof. Dr Bindu B.
10.	NSS camp and Community Living camp	11.02.2024-17.02.2024	College and NSS	Service mindedness	The NSS camp and Community Living camp was organised as a weeks programme in residential mannar. The innoguration was done by Prof. Dr. George Onakkoor.
11.	One day tour	16.02.2024	College	Learning from nature	One day tour to Thripparappu waterfalls and nearby tourist palces. Prof. Dr. Maya accompanied the students.

12.	Long tour 2024 to Capital city Delhi	16.03.2024 to 22.03.2024	College, union 2022-25	Rich cultural heritage and hands-on learning opportunities	MTTC student teachers, under the guidance of Prof. Dr. Bindu, Dr. Jiji, and Mr. Nathanine, embarked on a comprehensive 7-day tour of Delhi and its surrounding tourist attractions.
13.	Visit to Gandhigram Rural Institute	04.04.2024	M.Ed. department	Learning the objectives of a prestigious educational institution	Student teachers and faculty members visited Gandhigram Rural Institute. They interacted with the students and the faculty of the institution. They also have fun by visiting the nearby tourist places

20. STUDENT AND STAFF WELFARE: FEELING OF ONENESS

Sl.No.	Name of the programme	Date and time	Organised by IQAC and	Value inculcated	Details
1.	FDP PROGRAMME	01.06.2023	College	Teaching skills	Excellence in teaching for teaching staff Dr Asha A K, Assistant Professor, Lord's Universal College of Education, Mumbai.
2.	FDP PROGRAMME	01.06.2023	College	Life skill	Dr.Joju John, the Principal in Charge on the topic '5 Organizational Cancers.
3.	Birthday Tree	01.06.2023	Social Science Association VAEGA	Nature skills	planting a tree in campus on their birthdays.

4.	Educational Satsang	21.07.2023	College	MOODLE programmes	Dr. Promod Dinakar. He discussed the new trends in Pedagogy and encouraged the faculty to undertake MOODLE programmes to sharpen the skills of the student teachers and researchers.
5.	Educational Satsang	05.08.2023	College	Knowledge acquisition	Dr. Sameer Babu M. discussed the new trends in Pedagogy and the different ways to improve the level of academics of students.
6.	Orientation week	07.08.2023	College	Familiarization of course and institution	The faculty introduced the course and institution to new students.
7.	Educational Satsang	08.08.2023	College	Self-improvement	Prof. Dr. Bindu R.L., Former Head and Dean of Dept. of Education discussed new trends in Pedagogy and encouraged the faculty to undertake MOODLE programmes
8.	Conscientization programme	11.08.2023	M.Ed. internship students from Department of Education	Rethinking	Awake as part of their internship programme in the college auditorium
9.	Orientation programme for new batch	21.08.2023	College	Importance of Teaching Profession	Mar Theophilus training college organised an orientation programme session 1 on the topic

					Importance of Teaching Profession for new batch in the college auditorium by Dr. John P.C., Principal of Mar Gregorios Law College, Nalanchira.
10.	Empowerment programme	21.08.2023	College	Cyber Safety	The resource persons Lion Vinayakumaran Nair, Retd. DYSP and Chief of Cyber Division, Indian President Award Winner handled the topic Cyber Safety and Lion Rajiv Kumar International Trainer and Motivational Speaker on Youth Empowerment.
11.	Orientation programme for new batch	22.08.2023	College	Methods to set goals	Orientation programme session 2 on the topic Setting Goals for new batch in the college auditorium by Mrs. Sanila Manoj, Research Scholar, Mar Theophilus Training College.
12.	Academic excellence coaching	06.10.2023	Placement cell	How to tackle LP-Up Exams	Mar Theophilus Training College in association with Diksha Institute of Competitive Exams jointly organised a free online seminar on How to tackle LP-Up Exams. The resource

					person was Dr. Shafi Thompson, Mentor, KPSC Trainer.
13.	Faculty Development Programme	12.10.2023	College	Preparation for Accreditation and Ranking	A Faculty Development Programme on Preparation for Accreditation and Ranking. the Resource Person was Rev. Fr. Dr. Gigi Thomas Former Principal Mar Ivanios College.
14.	An orientation talks on the Website Revamp	25.10.2023	College	Website Revamp	Faculty from St. Joseph College Tiruchirappalli came to the College and gave an orientation talk on the Website Revamp: Major points for NAAC. The faculty of the college interacted with the resource persons and clarified the doubts regarding the matter.
15.	Orientation session	02.11.2023	College	Killing the inhibition within	Metamorphosis: killing the inhibition within” for new batch in the college auditorium by Dr. John P.C., Principal of Mar Gregorios Law College, Nalanchira.
16.	Student support programme	08.11.2023	College /placement cell	How to Qualify in Exams for Teacher Selection	Organised a student support programme in collaboration with Entri App on How to Qualify in Exams for Teacher Selection in online mode at 7.30pm

17.	Union Election: phase 1	13.11.2023	College	Democracy	As per the recommendation of University of Kerala optional-wise elections was conducted for nominating as the candidates from first- and second-year students. Dr. Deepthi Elizabeth Mathew was acted as the Presiding Officer.
18.	Union Election: phase 2	15.11.2023	College	Democracy	students who were nominated as election candidates submitted their nomination forms to the Principal in Charge. This formal submission marked an essential step in the election process
19.	Union Election: phase 3	20. 11.2023	College		As per the recommendation of University of Kerala each candidate can compete for one post. Those who have submitted nomination for more than one post withdrawn the second nomination on Monday

20.	Union election	24. 11.2023	College	Democracy: right to vote	The union election process commenced in the general hall following the established election rules and regulations. Each student received a voting sheet to cast their vote. Dr. Deepthi Elizabeth Mathew, Dr. Jiji Kurian, Mrs. Shiney Jacob, and Mrs. Meekha Suraj Koshy, along with administrative staff, oversaw the proceedings. The elected union members are: Chairman Arjun G.M., Vice Chairperson Abhirami G.S., General Secretary Sreevishakh, UUC Devi Surya P.P., Magazine Editor Priyanka
21.	Oath taking	29. 11.2023	College	Leadership and responsibility	Arjun G.M. officially took on the role of chairman for the 68th college union, inaugurating his tenure with an oath ceremony held in the college auditorium. Other union members also took oath. Dr. Maya S. plays a crucial role as the union advisor

22.	Educational Satsang	08.12.2023	College	new trends Belgium	Guido Henri De Couvreur, a practical scientist and member of the Association for World Education, as the resource
23.	Feedback of internship	11.12.2023	third-semester student teachers	Share their experiences and provide feedback about their time in the schools	Reflections offered valuable insights into their teaching practices and the challenges they faced.
24.	Educational Satsang	18.12.2023	College	Experience sharing	Dr. Lamun Buhril from Manipur, Associate Professor
25.	PTA Meeting 2022-24 batch	10.02.2024	College and NSS	Interaction with parents	PTA meeting of 2022-24 batch regarding the and NSS camp was organised in online mode at 7.00pm. the coordinators were Prof. Dr. Bindu and Mrs. Shinee Jacob.
26.	Academic Excellence coaching	09.02.2024	Placement cell	How to crack PSC Exams	in association with Diksha Instituite of Competitive Exams jointly organised a free online seminar on 10 tips to crack PSC Exams. The resource person was Dr. Shafi Thompson, Mentor, KPSC Trainer.
27.	Inauguration of New Construction (Classrooms)	22.02.2024	College	Upgrading the institution	The inauguration of new construction under Rashtriya Uchchatar Shiksha Abhiyan - RUSA 2.0. The general meeting of the programme was inaugurated by Dr. R. Bindu, Hon. Minister of

					Higher Education and Social Justice in online mode for all colleges. Dr. Shashi Tharoor, Hon. M.P. of Thiruvananthapuram gave greetings in online mode. Hon. M.L.A. of Kazhakkootam, Shri Kadakampally Surendran was the chief guest of the programme. His beatitude Moran Mor Baselios Cardinal Cleemis gave the blessing speech in online mode. Shri Johnson Joseph, Ward Counsellor of Nalanchira also felicitated in the meeting. Hon. M.L.A inaugurated the classrooms by cutting the ribbon.
28.	Sajeevam Task Force training	18.04.2024	In collaboration with, Malankara Social Service Society (MSSS) in Trivandrum	Drug Abuse Awareness	A Sajeevam Task Force Training event for trainers on the topic Drug Abuse Awareness. The keynote address was given by Mr. Abeesh Antony, State Officer, Caritas India. The Task Force Orientation was given by Mr. Sajo, State Coordinator, Sajeevam Project. The event

29. HONOURING THE STUDENTS

Sl.No.	Name of the programme	Date and time	Organised by IQAC and	Value inculcated	Details
1.	College union valedictory function	05.10.2023 FN	66 th college union: 2021-23 batch	Thanks giving	Chief guests of the program were Rt. Rev. Msg. Dr. Varkey Attupurath, Correspondent of M.Sc. Management Schools and Mrs. Anju Abraham, Singer and Artist. Both the guest were old students of Mar Theophilus training college.
2.	Graduation Ceremony	05.10.2023 AN	College	Sharing happiness	The graduation ceremony of B.Ed and M.Ed 2021-23 batch was conducted in the college auditorium. The chief guest was the former Vice Chancellor Prof. Dr. Jancy James.
3.	Farewell to M.Ed. 2021-23 batch	31.10.2023	M.Ed. 2022-24 batch student	Sharing happiness and thanks giving	The programme was conducted in the M.Ed. classroom. All faculty participated in the programme. The student teachers shared their experience in the college.

30. ALUMINI ASSOCIATION PROGRAMMES

Sl.No.	Name of the programme	Date and time	Organised by IQAC and	Value inculcated	Details
1.	Theopedagogues' Open MIC	26.07.2023	THEOSA: old students association	Teaching experience of experienced teacher	Theopedagogues' Open MIC from 7.30 pm to 8.30 pm via Google Meet. The second session of this program was handled by Dr. Esther

					Gladiz, the former principal of MTTC. Teacher shared her teaching experience with the new students in online mode.
2.	Theopedagogues' Open MIC	31.10.2023	Alumni Association of MTTC, THEOSA	Teaching Experience sharing	The third session of this program was handled by Prof. Dr. Giby Geevarughese, the former faculty of MTTC.
3.	Theosa executive meeting	18.12.2023	College	How to organise the upcoming Theosa fest 2024 and relative programmes.	Dr. Esther Gladiz theosa president, Dr. James T. Joseph Vice president and Mrs. Sugathadevi, Dr. Shalini S. Secretary attended the meeting
4.	THEOSA FEST 2024: Old students meet 2024	13.01.2024	Old students and college	Share the experience Bridging the gap	THEOSA fest -old students meet 2024 was jointly celebrated by staff students and old students. New executive members were elected. First executive meeting was held on the day. THEOSA Voice 2024 the alumni magazine was released during the official meeting. THEOSA awards were distributed during the programme.

31. PUBLICATION WING ACTIVITIES

Sl.No.	Name of the programme	Date and time	Organised by IQAC and	Value inculcated	Details
1.	Teacher, Learner and Society	June 2023	Publication wing	Writing and publication	Vol.19 No.1 ISSN 2319-1709-39
2.	Teacher, Learner and Society	December 2023	Publication wing	Writing and publication	Vol.19 No.2 ISSN 2319-1709-40

21. RESEARCH SKILLS

Sl.No.	Name of the programme	Date and time	Organised by	Value inculcated	Details
1.	Concept presentation paper	08.06.2023	Research wing	A comprehensive overview of research work	Ms Vincy Biju presented a concept paper on 'Capacity Building through Alternative Education in Indian Education Scenario'
2.	Research Methodology exhibition	09.06.2023	Research wing	Collaboration and social learning	Historical timescale of Visual Narratives for Contextual Validation Process' was conducted by Ms Akanksha Prajapati, the Research Scholar and her Supervising Teacher Dr.K Y Benedict.
3.	Insight Indepth Talk Series	17.06.2023	IQAC and the Research wing	Research Ethics and Integrity'	Dr Rajeswari K, Former Principal GCTE, Kozhikode handled the 86th session on the topic 'Research Ethics and Integrity'.
4.	Concept Presentation Paper	06.07.2023	Research Wing	Research aptitude	Mrs. Sindhu A. Sara presented the paper on the topic Construction and standardisation of tool.
5.	Talk on New Trends in Research	10.07.2023	College	360-degree teachers	Dr Amit Ahuja, Professor from School of Education Guru Gobind Singh Indraprastha University, New Delhi
6.	Insight In-depth	15.07.2023	Research -Wing	Research skills	Dr Shafi Thompson T., International Certified Career Coach and Master Trainer (Media Literacy), Mentor, Motivator and Teacher Educator handled the 87th session on the topic "

					Technovation- Unveiling the Secrets of Technology.
7.	Concept presentation paper	17.08.2023	Research wing	Research skills	The weekly concept paper presentation conducted by research wing of Mar Theophilus training college was conducted in the research room. Mrs. Deepa S. presented the paper on the topic Quartile Deviation.
8.	Insight In-depth Talk	23.09.2023	Research wing	Research and publication ethics	The 88 th insight in-depth talk series was handled by Dr. Divya C. Senan, Assistant Professor, Department of Education, University of Kerala on the topic Research and Publication Ethics.
9.	Concept Presentation Paper	12.10.2023	Research wing	Research skills	Mrs. Jeena presented the paper
10.	Open defence	27.10.2023	Research wing	Research skills	Open defence of Mrs. Janu, the research scholar of Mar Theophilus training college was conducted in Department of Education, Thycad. Prof. Dr. Giby Geevarughese was the research guide of Mrs Janu. All the research scholar and faculty members supported the programme.
11.	Insight In-depth Talk Series: 89	28.10.2023	Research Wing	Research design	Dr Sindhya V., Assistant Professor, Department of Education, University of Kerala on the topic 'Research Designs'.

12.	Concept Presentation Paper	02.11.2023	Research wing	Research skills	Ms Neethu P. presented a concept paper on 'Research'
13.	Pre-submission seminar	22.04.2024	Research wing	Research aptitude	Swami Gurunand Jnanathapaswi, Research Scholar in Education, Mar Theophilus training college , research centre was conducted in

INDIA'S G20 PRESIDENCY

Sl.No.	Name of the programme	Date and time	Organised by IQAC and	Value inculcated	Details
1.	India's G20 Presidency, 'VISMAYAPURA'	06.06.2023	IQAC	Reuse : don't waste	An Exhibition of low-cost teaching-learning materials for was organised by 2021-23 batch Student Teacher as part of Janbhagidari Activities. The programme was inaugurated by Dr. Reghu V. , Head of M.Ed. Dept , MTTC
2.	India's presidentship in G20	09.06.2023	IQAC	Vasudhaiva Kutumbakam", meaning "One Earth, One Family, One Future	a collegiate online poster-making competition for the students Ms. Malavika Anil of S N Training College, Nedunganda won the prize
3.	India's G20 Presidency,: JAAGO JAGAAVO	11.06.2023	IQAC	An understanding of education and literacy	A digital poster-making competition on education

4.	India's G20 Presidency: RANG	15.06.2023	IQAC	express their artistic abilities and creativity through the medium of Rangoli, enhancing their artistic skills	a Rangoli making competition. The English optional became the winner and Social Science and Natural science were the first and second runners-up respectively.
5.	India's G20 Presidency SPLASH	16.06.2023	IQAC	Understanding on gender equality	A Painting and exhibition on gender sensitisation

DIGITAL SKILLS

Sl.No.	Name of the programme	Date and time	Organised by IQAC and	Value inculcated	Details
1.	40 hours techcompetency course on ICT	18.06.2023	ICT club IQAC and of Mar Theophilus Training college in association with Alagappa University	How to prepare E- certificate	Dr. Johnson N., Faculty of Education, Dept of Lifelong Learning, Alagappa University. First session was handled by Mrs. Akanksha Prajapati, Technical Expert on How to prepare E-certificate
2.	40 hours tech competency course on ICT	17.07.2023	IQAC	Animations and AI	the second session was organized by the of MTTC in collaboration with the Department of Lifelong Learning, Alagappa University. The invited talk was delivered by Dr Thangavelu, Assistant Professor of Education, Thiagaraja College of Preceptors Madurai, Tamil Nadu on the topic "Unleashing the Magic of Animation with AI: script to screen".

3.	40 hours tech competency course on ICT	30.07.2023	Research Wing	Online Tutoring	The third session of Tecompetency Talk was organised on 30th July from 6.30 pm to 7.30 pm via Google Meet. This session was handled by Mr Midhunkumar S., online tutor and entrepreneur on the topic "Effective Online Tutoring"
4.	40 hours tech competency course on ICT	15.08.2023	ICT club	Digital security	The talk was given by Mr. Pranav A.R., M. Ed. Scholar, Technical expert. The topic of the session was Digital Security.
5.	40 hours tech competency course on ICT	28.08.2023	ICT club	AI tools	The talk was given by Mr. K. Balasubramanian, Assistant Professor Thiagarajar College of Preceptors Madurai. Topic : Craft Your Teaching with AI Tools
6.	40 hours tech competency course on ICT	10.09.2023	ICT club	Editing and tools	The talk was given by Prof. Dr. Joju John, Principal in charge, MTTC. The topic of the session was How to edit a video in using Movavi Software.
7.	40 hours tech competency course on ICT	29.10.2023	ICT club	Film as a Powerful Tool in Education	Dr. Chandrasekharan Praveen, Principal (retd) IASE, Thrissur and Adult Faculty, NIT Calicut. The topic of the session was Film as a Powerful Tool in Education.

8.	40 hours tech competency course on ICT	11.11.2023	ICT club	Living with Heart in a Technology	Dr. Vidyaa Hari Iyer, a distinguished Laser Dentist, Psychotherapist, and Counselor based in Chennai, affiliated with MTTC. Dr. Iyer's talk was centered around the theme "Living with Heart in a Technology-Driven Era," offering insights on how to balance technological advancements with emotional well-being.
9.	40 hours tech competency course on ICT	03.12.2023	ICT club	Practical Aspects of Learning Analytics	Mr. Rakesh Sharma R. delivered the talk, focusing on the "Practical Aspects of Learning Analytics." This session was conducted online.

INNOVATIVE PRACTICE

Sl.No.	Name of the programme	Date and time	Organised by IQAC and	Value inculcated	Details
1.	SPARKZ: Strategic Programme for assessing resourcefulness knowledge and zeal	12.09.2023	67 th college union	Teaching skills	The competition was inaugurated by Rev. Fr. John Varghese, Bursar, Mar Baselios College of Engineering, Nalanchira. Gayathri A.R. of English optional, Athira G.V. of Malayalam optional, Sruthi Salix of Mathematics optional, Greeshma Gireesan of Natural Science optional and Aiswarya R.J. of Physical Science optional participated in the competition. Aiswarya R.J. won the

					Best Science teacher award, Athira G.V. won the Best Arts teacher award and Gayathri A.R. won the Best Prospective teacher award.
2.	M.Ed Spartz 2023	04.10.2023	M.Ed. department	Teaching skills	Best Prospective Teacher Educator Award, Celebrating Excellence in Education. Ms. Sheryl Varghese won the title.
3.	Honesty Shop	05.10.2023 FN	College	Empowering the value of honesty	Rt. Rev. Msg. Dr. Varkey Attupurath inaugurated the honesty shop in the college campus. Social Science optional students took in charge of honesty shop.
4.	STAT HUB: self -study course on Statistics	08.11.2023	Mathematics association	Learning about the basic concepts of Statistics	Mathematics association of 2023-25 batch launched a STAT HUB: self -study course on Statistics with seven topics. All the seven student teachers of the optional handled different topics: Arithmetic Mean, Median, Mode. The prepared material was posted in the mathematics YouTube channel: Theomathematicians and students WhatsApp group
5.	50hr Pedagogy Course	13.11.2023	College	Organising capacity	A comprehensive 50-hour pedagogy course was conducted at the college for the students of Mar Gregarious Law College, Nalanchira. The pedagogy course was inaugurated by Fr. Thomas

					Kaiyalakkal bursar of MTTC, Fr. Joseph Venmanath Bursar of MGLC, and Dr. John P. C., the principal of MGLC.
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OUT REACH ACTIVITIES

Sl.No.	Name of the programme	Date and time	Organised by IQAC and	Value inculcated	Details
1.	Outreach programme	17.08.2023	Physical Science optional	Scientific temper	Ms. Aswarya and Ms. Reshma of 2022-24 batch conducted a session for the school students in the Creative Summer Science Workshop 2023 organised by Kerala State Science and Technology Museum and Priyadarshini Planetarium.
2.	Outreach School activity	14.11.2023	College /union	Technology Education	A poster-making competition at St. John's Model Higher Secondary School, Nalanchira. The competition, focused on "Technology Education in Children,"
3.	Conscientization programme	30. 11.2023	MTTC student teachers	Practical strategies and techniques to enhance their study habits and improve their academic performance.	Conscientization program at St. John's H.S.S. focused on the topic "How Can I Study More Effectively,"
4.	Conscientization programme	30. 11.2023	MTTC student teachers	Awareness about the potential risks associated with excessive digital	A conscientization program addressing social media and gaming addiction among

				engagement, fostering informed and responsible technology use among youth.	adolescents, specifically targeting high school students.
5.	Conscientization programme	04. 12.2023	Teacher trainees from Mar Theophilus Training College	educate and inspire students about the importance and benefits of entrepreneurship	a conscientization program at St. John's H.S.S. The program focused on the topic "Significance of Becoming an entrepreneur,"
6.	Conscientization programme	07.12.2023	Teacher trainees	Inspire and educate young girls about the importance of self-empowerment, confidence, and recognizing their own beauty and grace	A conscientization program at Government Girls Higher Secondary School, Peroorkkada. The program centered on the theme "Empower Her Beauty and Grace,"
7.	Outreach programme	04.02.2024	Physical Science association	Scientific temper	360 Bio Life Science Park, Thonnakkal, as part of Implementing Scientific methods in Teaching and Learning Science organised by Breakthrough Science Society and Global Science Festival, Kerala. The student teachers got the opportunity to interact with Prof. K.M. Sureshan, Senior Scientist, IISER TVM and Prof. Umesh Kadhane, Senior Scientist, IIST TVM.
8.	Outreach programme	15.02.2024	M.Ed. department	Importance of higher education	A conscientization programme on Importance of higher education at Kerala University Centre for teacher education, Nedumangadu. The resource persons were Dr. Shafi Thompson and Mr. Rakesh Sharma.

9.	Creative parenting webinar	25.04.2024	College	Parenting tips	Prof. Dr. Joju John, Principal in charge met the parents of student teachers of Mar Theophilus Training college through Online mode. The objective of the meet was to discuss on 5 parenting errors and 7 parenting ideas.
10.	Science camp	10.05.2024 and 11.05.2024	Breakthrough Science Society Tvpm chapter	Develop scientific process of thinking.	Science camp for High School and Higher Secondary School Students. The major highlight of the camp was learning Science through experiments and Night Sky observation using Telescope. The student teachers of physical science optional supported in the organisation of the science camp along with in the teacher in charge of the programme Dr. Neena Thomas.
11.	National Youth Webinar	13.05.2024	College	Inspiration	A National Youth Webinar on Inspiration Reloaded in online mode at 7.30 pm . The resource person for the webinar was Dr. Vidyaa Hari Iyer, award winning Life Skill trainer and Physician.
12.	Children's Webinar	14.05.2024	College	Maximizing Your Potential	A children's webinar on Maximizing Your Potential in online mode at 7.30 pm . The resource person for the webinar Prof. Dr. Joju John, Principal in charge, and Life skill trainer

Prepared by
Dr. Deepthi Elizabeth Mathew
IQAC Coordinator



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